

# BREAKFAST

## BREAKFAST PASTRIES:

(Served 8-11.30am)

**Butter Croissant £0.60** 235kcal **Ham & Cheese Croissant £1.00** 391kcal

**Chocolate Croissant £0.60** 358kcal **Vegan Croissant £0.60** 316kcal

**Cinnamon Swirl £1.10** 382kcal **Toast £0.60** 306kcal

## BREAKFAST BAPS:

(Please ask if you require a gluten free bap)

(Served 8-11.30am)

**Bacon Bap £1.35** 478kcal

2 rashers of bacon served in a warm bap.

**Sausage Bap £1.30** (contains wheat gluten and sulphites) 467kcal

2 pork or vegetarian sausages served in a warm bap.

**Free range Egg Bap £1.25** (contains wheat gluten and egg) 365kcal

Free range fried, scrambled or poached eggs served in a warm bap.

**Bacon and Sausage Bap £1.90** (contains wheat gluten and sulphites) 591kcal

1 rasher of bacon and 2 sausages served in a warm bap.

**Breakfast Bap £2.60** (contains wheat gluten, sulphites and egg) 725kcal

1 rasher of bacon, 2 sausages with free range fried scrambled or poached egg served in a warm bap.

**Vegetarian Breakfast Bap £2.60** (contains wheat gluten) 831kcal

3 vegetarian sausages, 2 hash browns and free range fried, scrambled or poached egg served in a warm bap.

**All-day Breakfast £3.85** (contains egg, sulphites and wheat gluten) 855kcal

**Choose from the following:** bacon, Red Tractor pork sausage, baked beans, hash browns, mushrooms, tomato and free range fried, scrambled or poached egg.

**All-day Vegetarian breakfast £3.85** (contains wheat gluten and egg) 759kcal

**Choose from the following:** sausages, baked beans, hash browns, mushrooms, tomato and free range fried egg, scrambled or Poached egg.

**American pancake stack with bacon £2.95** 954kcal

A stack of 5 American pancakes with crispy bacon and maple syrup.

**Eggs Benedict £2.60** (contains wheat, Fish, Eggs, Gluten, Milk, Soya. May contain Sesame) 667kcal

Toasted English muffin topped with free range poached eggs & served with Hollandaise sauce.

### Optional extras:

with avocado **£4.10** 815kcal

with bacon **£3.60** 792kcal

with bacon and avocado **£4.65** 938kcal

with smoked salmon **£4.95** 782kcal

with smoked salmon and avocado **£5.70** 928kcal

# SWEET TREATS

Served from 8am-4pm Mon-Thurs, 8am-3pm Fri.

**Warm pancakes £2.95** 622kcal

A stack of 5 American pancakes with a forest fruit compote.

**Tulip muffins £1.60** 1001kcal

Triple chocolate, blueberry crumble, victoria sponge, or salted caramel.

**Chewy cookies £1.15** 1038kcal

Double chocolate, triple chocolate, or oat raisin and lemon cookies.

**Wedge of cake from £2.20** 471kcal

Please ask what we have for today's cakes.

# BURGERS

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri.

All burgers are served with your choice of fries or spicy wedges.

Upgrade to sweet potato fries for only 60p. Gluten free baps are also available.

**The Classic £3.50** 1099kcal, **double £4.95** 1439kcal (contains mustard & wheat gluten)

Flame grilled beef burger with tomato relish, shredded iceberg lettuce served in a bap.

**The Rooster Booster £3.95** 1137kcal, **double £5.50** 1339kcal

(contains mustard & wheat gluten)

A spicy coated chicken breast with mayonnaise, shredded iceberg lettuce served in a bap.

**The Mighty Meatless £4.60** 1067kcal, **double £6.10** 1312kcal

(contains gluten)

A quarter pound of plant based burger with an onion relish, crisp lettuce, beef tomato, topped with vegan cheese served in a bap.

**The Red Tractor £5.75** 1171kcal, **double £6.95** 1544kcal

(contains mustard, dairy, egg & wheat gluten)

A 6oz 21 day aged burger with tomato relish, crisp lettuce, sliced gherkin and topped with cheese served in a bap. A Halal beef burger is also available.

**The Lone Ranger £3.10** 1045kcal, **double £4.20** 1331kcal

(contains mustard, wheat gluten & soya)

A vegetarian quarter pounder with tomato relish, iceberg lettuce served in a bap.

**The Halloumi £5.95** 1237kcal, **double £7.50** 1570kcal

A halloumi stack with an Asian sweet chilli slaw served in a bap.

### Add toppings to own your burger!

Three giant onion rings **85p** (contains wheat gluten and mustard) 180kcal

Cheddar cheese **50p** 40kcal

Vegan cheese **30p** 57kcal

Jalapeño peppers **30p** 15kcal

Bacon **65p** 123kcal

Free range fried or poached egg **50p** (contains egg) 78kcal

## ★ RUSTY'S TOWER CHALLENGE ★

**£12.95** - Three beef burgers, three spicy chicken burgers, stacked with bacon, cheese, beef tomato, fried egg, red onion, jalapeño peppers and iceberg lettuce separated by our brioche bun floors; served with baked beans, garlic flat bread with cheese, onion rings and either chips or spicy wedges.  
(contains wheat gluten, milk, mustard and egg) 3549kcal

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri

★ *Eat all the food on your plate in under 30 minutes to win an exclusive I ♥ Rusty t-shirt! This is a one person challenge, are YOU up for it?* ★

# SIDE ORDERS

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri.

Chips **£1.10** 468kcal

Chips & cheese **£1.30** (contains milk) 744kcal

Chips & curry sauce **£1.20** (contains wheat gluten) 524kcal

Spicy wedges **£1.10** (contains wheat gluten) 468kcal

Spicy wedges & cheese **£1.30** (contains milk and wheat gluten) 744kcal

Sweet potato fries **£1.90** (contains wheat gluten) 305kcal

Garlic flat bread **£0.95** (contains wheat gluten and milk) 321kcal

Garlic flat bread with cheese **£1.40** (contains milk and wheat gluten) 597kcal

Eight giant onion rings **£1.70** (contains mustard and wheat gluten) 482kcal

Breaded garlic mushrooms **£1.80** (contains milk and wheat gluten) 405kcal

Side salad **£1.00** 50kcal

# SNACKS, SALADS, PANINIS, JACKY P'S & TOASTIES

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri.

**Panini or Toasted Sandwich £2.85** (contains wheat gluten and egg) from 365kcal

Toasted to order with your choice of fillings. Please see the chalk board for the selection of fillings on offer; why not add a side order to your sandwich?

**Chilli Nachos £3.75** (contains milk) 1342kcal

Tortilla chips loaded with chilli con carne and cheese with a sour cream dip.

**The Club Sandwich £4.20** (contains wheat gluten and egg) 842kcal

Classic triple layered toasted sandwich with shredded iceberg lettuce, beef tomato, chicken mayonnaise and grilled bacon.

**Tacos £2.70**

**Meatless chicken fajita taco:** 495kcal

Plant-based fajita pieces and peppers served warm in a crisp shell.

**Vegetable Piri Piri taco:** 324kcal

Roasted peppers, onions, courgettes and tomato served warm in a crisp shell.

**Mac 'n' Cheese Bites £2.95** (contains milk and wheat gluten) 528kcal

Macaroni pasta and a mix of three cheeses in a crispy coating of breadcrumbs served with a tomato relish dip.

**Chicken Nuggets £4.80** (contains wheat) 782kcal

Chicken coated in breadcrumbs served with chips or wedges.

Halal and vegan option available.

**Jacket Potato from £1.80** (contains egg and milk) 390kcal

Jacket potato with a choice of fillings. Please see the chalk boards on the bar or ask for them to be served with a salad garnish.

**Caesar Salad £4.50** (contains milk, egg and wheat gluten) 629kcal

Choice of chicken served warm or tuna served on a crisp bed of cos lettuce drizzled with Caesar dressing and topped with garlic and herb croutons.

**Why not add bacon for an extra 70p?** 753kcal

**Dirty Fries £2.10** (contains milk, soya and wheat gluten) 894kcal

Fries loaded with bacon, peppers, Cajun spice, red onion and melted cheese.

# HOME FAVOURITES

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri.

**Lasagne £5.20** 544kcal

Layers of spinach pasta filled with a rich tomato sauce with British beef, topped with a béchamel sauce and cheese served with side salad.

**Fish 'n' Chips £3.85** 1001kcal

Jumbo cod fillet in a crispy batter with chips or spicy wedges and your choice of mushy peas, garden peas or baked beans and lemon. Gluten free fish available.

**Sausage 'n' Mash £2.30** 1038kcal

Jumbo sausage with mash potato and onion gravy and garden peas or baked beans. Vegan option available.

**Penne pasta from £2.30** 471kcal

Penne pasta served with a choice of sauces and sliced garlic bread, add cheese for an extra 50p.

**V** Vegetarian **V<sub>o</sub>** Vegetarian option **H<sub>o</sub>** Halal option **GF** Gluten free **V<sub>g</sub>** Vegan