

BREAKFAST

BREAKFAST PASTRIES:

(Served from 8:00am - 11:30am Mon - Fri)

Butter Croissant £0.80 400kcal **Ham & Cheese Croissant £1.25** 921kcal

Chocolate Croissant £1.00 377kcal **Vegan Croissant £0.60** 395kcal

Cinnamon Swirl £0.70 444kcal **Toast & Preserves £0.80** 1222kcal

BREAKFAST BAPS: (Please ask if you require a gluten free bap)

(Served from 8:00am - 11:30am Mon - Fri)

Bacon Bap £1.55 GF 439kcal

2 rashers of bacon served in a warm bap.

Sausage Bap £1.45 V GF 520kcal

2 pork sausages or vegetarian sausages served in a warm bap.

Free Range Egg Bap £1.25 V GF 390kcal

Free range fried, scrambled or poached egg served in a warm bap.

Bacon and Sausage Bap £2.20 700kcal

1 rasher of bacon & 2 sausages served in a warm bap.

Breakfast Bap £2.85 831kcal

1 rasher of bacon, 2 sausages with free range fried scrambled or poached egg served in a warm bap.

Vegetarian Breakfast Bap £2.85 V 744kcal

3 vegetarian sausages, 2 hash browns & free range fried, scrambled or poached egg served in a warm bap.

Quorn Sausage Muffin £2.85 V 672kcal

A warm breakfast muffin with 2 Quorn sausage pattie, cheese & a mini omelette.

All-day Breakfast £4.25 834kcal

Choose from the following: Bacon, Red Tractor pork sausage, baked beans, hash browns, mushrooms, tomato & free range fried, scrambled or poached egg.

All-day Vegetarian Breakfast £4.25 V 610kcal

Choose from the following: Sausages, baked beans, hash browns, mushrooms, tomato and free range fried egg, scrambled or poached egg.

Eggs Benedict £3.85 V 618kcal

Toasted English muffin topped with free range poached egg & served with Hollandaise Sauce.

Optional extras:

with avocado **£4.60** 764kcal

with bacon **£4.70** 798kcal with bacon & avocado **£4.95** 944kcal

with smoked salmon **£5.20** 801kcal with smoked salmon & avocado **£5.95** 947kcal

Warm Pancakes & Bacon £2.95 954kcal

A stack of 5 American pancakes with crispy bacon & maple syrup.

SWEET TREATS

(Served from 8:00am - 4:00pm Mon-Thurs, 8:00am - 3:00pm Fri)

Warm Pancakes £2.95 VG 622kcal

A stack of 5 American pancakes with a forest fruit compote.

Tulip Muffins £1.85 V 1001kcal

Triple chocolate, blueberry crumble, victoria sponge, or salted caramel.

Chewy Cookies £1.25 V 491kcal

Double chocolate, triple chocolate, or oat raisin & lemon cookies.

Wedge of Cake from £2.30 V 325kcal

Please ask what we have for today's cakes.

Fresh Fruit Platter Box £2.25 VG 234kcal

Fresh watermelon, pineapple, green / black grapes & strawberries.

BURGERS

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

All burgers are served with your choice of fries or spicy wedges.

Upgrade to sweet potato fries for only 60p. Gluten free baps are also available.

The Classic £3.50 828kcal, double **£4.95** 1129kcal

Flame grilled beef burger with tomato relish, shredded iceberg lettuce served in a bap.

The Rooster Booster £3.95 912kcal, double **£5.50** 1122kcal Ho

A spicy coated chicken breast with mayonnaise, shredded iceberg lettuce served in a bap.

The Mighty Lone Ranger £4.60 1029kcal, double **£6.10** 1282kcal GF VG

A quarter pound of Plant based Burger with a tomato relish crisp lettuce topped with Vegan cheese served in a bap.

The Red Tractor £5.75 1071kcal, double **£6.95** 1328kcal Ho GF

A 6oz 21 day aged burger with tomato relish, crisp lettuce, sliced gherkin & topped with cheese served in a bap.

The Halloumi £5.95 883kcal, double **£6.95** 1199kcal V GF

A halloumi stack with an Asian sweet chilli slaw served in a bap.

The Fish Finger Bap £4.30 851kcal VGo

3 Cod Fish fingers, with iceberg lettuce, garlic mayonnaise & a tomato & red onion salsa, served with fries.

Add toppings to own your burger!

Three giant onion rings **85p** V 241kcal

Bacon **65p** V 180kcal

Cheddar cheese **50p** V 325kcal

Vegan cheese **30p** VG 285kcal

Jalapeño peppers **30p** VG 20kcal

Free range fried or poached egg **50p** V GF 131kcal

★ RUSTY'S TOWER CHALLENGE ★

£13.95 - Three beef burgers, three spicy chicken burgers, stacked with bacon, cheese, beef tomato, fried egg, red onion, Jalapeño peppers & iceberg lettuce separated by our brioche bun floors; served with baked beans, garlic flat bread with cheese, onion rings & either chips or spicy wedges.
(contains wheat gluten, milk, mustard & egg) 3549kcal

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri

★ Eat all the food on your plate in under 30 minutes to win an exclusive I ♥ Rusty t-shirt! This is a one person challenge, are YOU up for it? ★

SIDE ORDERS

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

Chips **£1.20** GF VG 139kcal

Chips & cheese **£1.40** V GF 553kcal

Chips & curry sauce **£1.35** V 559kcal

Spicy wedges **£1.20** VG 135kcal

Spicy wedges & cheese **£1.40** V 549kcal

Sweet potato fries **£1.90** GF VG 158kcal

Garlic flat bread **£1.20** V 287kcal

Garlic flat bread with cheese **£1.70** V 701kcal

6 giant onion rings **£1.70** V 241kcal

Breaded garlic mushrooms **£1.80** V 162kcal

Side salad **£1.00** GF VG 50kcal

V Vegetarian Vo Vegetarian option VG Vegan VGo Vegan option H Halal Ho Halal option GF Gluten free

SNACKS, SALADS, PANINIS, JACKY P'S & TOASTED SANDWICHES

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

Panini or Toasted Sandwich £2.70 V from 385kcal

Toasted to order with your choice of fillings. Please see the chalk board for the selection of fillings, treat yourself to a side of chips.

Chilli Nachos £3.75 V GF 1162kcal

Tortilla chips loaded with chilli con carne & cheese with a sour cream dip.

The Club Sandwich £4.10 664kcal

Classic triple layered toasted sandwich with shredded iceberg lettuce, beef tomato, chicken mayonnaise & grilled bacon.

Mac 'n' Cheese Bites £2.95 V 394kcal

Macaroni pasta & a mix of three cheeses in a crispy coating of breadcrumbs served with a tomato relish dip.

Chicken Nuggets £4.80 351kcal

Chicken coated in breadcrumbs served with chips or wedges.

Halal & vegan option available.

Jacket Potato from £1.80 GF Vo VG 390kcal

Jacket potato with a choice of fillings. Please see the chalk boards on the bar.

House Mix 'n' Match Salad from £1.70 329kcal

Salad leaves and a mix of cucumber tomato sweetcorn & peppers with a choice of toppings:

Chicken Strips **£1.60** Smoked Salmon **£2.95** Smashed Avocado **£1.75**

Tuna Fish **£1.80** Grilled Halloumi **£2.50** Caesar Dressing **Inc**

French Dressing **Inc** Mayonnaise **Inc** Garlic and Herb Croutons **50p**

Dirty Fries £2.35 894kcal

Fries loaded with bacon, peppers, Cajun spice, red onion & melted cheese.

Big Foot Sub £2.80 520kcal

A foot-long sub filled with shredded iceberg lettuce, tomato red onion, with chicken strips & Emmental sliced cheese served warm.

HOME FAVOURITES

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

Lasagne £5.20 V 138kcal

Layers of spinach pasta filled with a rich tomato sauce with British beef, topped with a béchamel sauce & cheese served with side salad.

Fish 'n' Chips £3.95 GF 422kcal

Jumbo cod fillet in a crispy batter with chips or spicy wedges & your choice of mushy peas, garden peas or baked beans & lemon. Gluten free fish available.

Sausage 'n' Mash £3.35 Vo 1038kcal

Jumbo sausage with mash potato and gravy with garden peas or baked beans.

Penne pasta from £2.50 GF VG 603kcal

Penne pasta served with a choice of sauces & sliced garlic bread, add cheese for an extra 50p.

Stuffed Crust Pizza £5.20 260kcal

A choice between a Four Cheese Pizza or a Pepperoni Pizza.

Chicken Katsu Curry £3.10 475kcal

Breast of Chicken in a Crisp Panko Crumb cut into strips with plain rice & Katsu Curry Sauce.

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present, and our menu descriptions do not include all ingredients.

If you have a food allergy or intolerance, please let us know before ordering. Full allergen information for food is available upon request.

THE LOUNGE SPECIALS

