

# BREAKFAST

## BREAKFAST PASTRIES:

(Served from 8:00am - 11:30am Mon - Fri)

**Butter Croissant £0.80** <sup>400kcal</sup> **Ham & Cheese Croissant £1.25** <sup>921kcal</sup>

**Chocolate Croissant £1.00** <sup>377kcal</sup> **Vegan Croissant £0.60** <sup>395kcal</sup>

**Cinnamon Swirl £0.70** <sup>444kcal</sup> **Toast & Preserves £0.80** <sup>1222kcal</sup>

## BREAKFAST BAPS: (Please ask if you require a gluten free bap)

(Served from 8:00am - 11:30am Mon - Fri)

**Bacon Bap £1.55** <sup>GF</sup> <sup>439kcal</sup>

2 rashers of bacon served in a warm bap.

**Sausage Bap £1.45** <sup>V</sup> <sup>GF</sup> <sup>520kcal</sup>

2 pork sausages or vegetarian sausages served in a warm bap.

**Free Range Egg Bap £1.25** <sup>V</sup> <sup>GF</sup> <sup>390kcal</sup>

Free range fried, scrambled or poached egg served in a warm bap.

**Bacon and Sausage Bap £2.20** <sup>700kcal</sup>

1 rasher of bacon & 2 sausages served in a warm bap.

**Breakfast Bap £2.85** <sup>831kcal</sup>

1 rasher of bacon, 2 sausages with free range fried scrambled or poached egg served in a warm bap.

**Vegetarian Breakfast Bap £2.85** <sup>V</sup> <sup>744kcal</sup>

3 vegetarian sausages, 2 hash browns & free range fried, scrambled or poached egg served served in a warm bap.

**Quorn Sausage Muffin £2.85** <sup>V</sup> <sup>672kcal</sup>

A warm breakfast muffin with 2 Quorn sausage pattie, cheese & a mini omelette.

**All-day Breakfast £4.25** <sup>834kcal</sup>

**Choose from the following:** Bacon, Red Tractor pork sausage, baked beans, hash browns, mushrooms, tomato & free range fried, scrambled or poached egg.

**All-day Vegetarian Breakfast £4.25** <sup>V</sup> <sup>610kcal</sup>

**Choose from the following:** Sausages, baked beans, hash browns, mushrooms, tomato and free range fried egg, scrambled or poached egg.

**Eggs Benedict £3.85** <sup>V</sup> <sup>618kcal</sup>

Toasted English muffin topped with free range poached egg & served with Hollandaise Sauce.

### Optional extras:

with avocado **£4.60** <sup>764kcal</sup>

with bacon **£4.70** <sup>798kcal</sup> with bacon & avocado **£4.95** <sup>944kcal</sup>

with smoked salmon **£5.20** <sup>801kcal</sup> with smoked salmon & avocado **£5.95** <sup>947kcal</sup>

**Warm Pancakes & Bacon £2.95** <sup>954kcal</sup>

A stack of 5 American pancakes with crispy bacon & maple syrup.

# SWEET TREATS

(Served from 8:00am - 4:00pm Mon-Thurs, 8:00am - 3:00pm Fri)

**Warm Pancakes £2.95** <sup>VG</sup> <sup>622kcal</sup>

A stack of 5 American pancakes with a forest fruit compote.

**Tulip Muffins £1.85** <sup>V</sup> <sup>1001kcal</sup>

Triple chocolate, blueberry crumble, victoria sponge, or salted caramel.

**Chewy Cookies £1.25** <sup>V</sup> <sup>491kcal</sup>

Double chocolate, triple chocolate, or oat raisin & lemon cookies.

**Wedge of Cake from £2.30** <sup>V</sup> <sup>325kcal</sup>

Please ask what we have for today's cakes.

**Fresh Fruit Platter Box £2.25** <sup>VG</sup> <sup>234kcal</sup>

Fresh watermelon, pineapple, green / black grapes & strawberries.

# BURGERS

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

All burgers are served with your choice of fries or spicy wedges.

Upgrade to sweet potato fries for only 60p. Gluten free baps are also available.

**The Classic £3.50** <sup>828kcal</sup>, double **£4.95** <sup>1129kcal</sup>

Flame grilled beef burger with tomato relish, shredded iceberg lettuce served in a bap.

**The Rooster Booster £3.95** <sup>912kcal</sup>, double **£5.50** <sup>1122kcal</sup> <sup>H</sup>

A spicy coated chicken breast with mayonnaise, shredded iceberg lettuce served in a bap.

**The Mighty Lone Ranger £4.60** <sup>1029kcal</sup>, double **£6.10** <sup>1282kcal</sup> <sup>GF</sup> <sup>VG</sup>

A quarter pound of Plant based Burger with a tomato relish crisp lettuce topped with Vegan cheese served in a bap.

**The Red Tractor £5.75** <sup>1071kcal</sup>, double **£6.95** <sup>1328kcal</sup> <sup>H</sup> <sup>GF</sup>

A 6oz 21 day aged burger with tomato relish, crisp lettuce, sliced gherkin & topped with cheese served in a bap.

**The Halloumi £5.95** <sup>883kcal</sup>, double **£6.95** <sup>1199kcal</sup> <sup>V</sup> <sup>GF</sup>

A halloumi stack with an Asian sweet chilli slaw served in a bap.

**The Fish Finger Bap £4.30** <sup>851kcal</sup> <sup>VG</sup>

3 Cod Fish fingers, with iceberg lettuce, garlic mayonnaise & a tomato & red onion salsa, served with fries.

## Add toppings to own your burger!

Three giant onion rings **85p** <sup>V</sup> <sup>241kcal</sup>

Bacon **65p** <sup>V</sup> <sup>180kcal</sup>

Cheddar cheese **50p** <sup>V</sup> <sup>325kcal</sup>

Vegan cheese **50p** <sup>VG</sup> <sup>285kcal</sup>

Jalapeño peppers **30p** <sup>VG</sup> <sup>20kcal</sup>

Free range fried or poached egg **50p** <sup>V</sup> <sup>GF</sup> <sup>131kcal</sup>

★ **RUSTY'S TOWER CHALLENGE** ★

**£13.95** - Three beef burgers, three spicy chicken burgers, stacked with bacon, cheese, beef tomato, fried egg, red onion, Jalapeño peppers & iceberg lettuce separated by our brioche bun floors; served with baked beans, garlic flat bread with cheese, onion rings & either chips or spicy wedges.  
(contains wheat gluten, milk, mustard & egg) <sup>3549kcal</sup>

Served from 11am-4pm Mon-Thurs, 11am-3pm Fri

★ *Eat all the food on your plate in under 30 minutes to win an exclusive I ♥ Rusty t-shirt! This is a one person challenge, are YOU up for it?* ★

# SIDE ORDERS

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

Chips **£1.20** <sup>GF</sup> <sup>VG</sup> <sup>139kcal</sup>

Chips & cheese **£1.40** <sup>V</sup> <sup>GF</sup> <sup>553kcal</sup>

Chips & curry sauce **£1.35** <sup>V</sup> <sup>559kcal</sup>

Spicy wedges **£1.20** <sup>VG</sup> <sup>135kcal</sup>

Spicy wedges & cheese **£1.40** <sup>V</sup> <sup>549kcal</sup>

Sweet potato fries **£1.90** <sup>GF</sup> <sup>VG</sup> <sup>158kcal</sup>

Garlic flat bread **£1.20** <sup>V</sup> <sup>287kcal</sup>

Garlic flat bread with cheese **£1.70** <sup>V</sup> <sup>701kcal</sup>

6 giant onion rings **£1.70** <sup>V</sup> <sup>241kcal</sup>

Breaded garlic mushrooms **£1.80** <sup>V</sup> <sup>162kcal</sup>

Side salad **£1.00** <sup>GF</sup> <sup>VG</sup> <sup>50kcal</sup>

# SNACKS, SALADS, PANINIS, JACKY P'S & TOASTED SANDWICHES

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

**Panini or Toasted Sandwich £2.70** <sup>V</sup> <sup>from 385kcal</sup>

Toasted to order with your choice of fillings. **Please see the chalk board** for the selection of fillings, treat yourself to a side of chips.

**Chilli Nachos £3.75** <sup>V</sup> <sup>GF</sup> <sup>1162kcal</sup>

Tortilla chips loaded with chilli con carne & cheese with a sour cream dip.

**The Club Sandwich £4.10** <sup>664kcal</sup>

Classic triple layered toasted sandwich with shredded iceberg lettuce, beef tomato, chicken mayonnaise & grilled bacon.

**Mac 'n' Cheese Bites £2.95** <sup>V</sup> <sup>394kcal</sup>

Macaroni pasta & a mix of three cheeses in a crispy coating of breadcrumbs served with a tomato relish dip.

**Chicken Nuggets £4.80** <sup>351kcal</sup>

Chicken coated in breadcrumbs served with chips or wedges.

**Halal & vegan option available.**

**Jacket Potato from £1.80** <sup>GF</sup> <sup>V</sup> <sup>VG</sup> <sup>390kcal</sup>

Jacket potato with a choice of fillings. **Please see the chalk boards** on the bar.

**House Mix 'n' Match Salad from £1.70** <sup>329kcal</sup>

Salad leaves and a mix of cucumber tomato sweetcorn & peppers **with a choice of toppings:**

Chicken Strips **£1.60** Smoked Salmon **£2.95** Smashed Avocado **£1.75**

Tuna Fish **£1.80** Grilled Halloumi **£2.50** Caesar Dressing **Inc**

French Dressing **Inc** Mayonnaise **Inc** Garlic and Herb Croutons **50p**

**Dirty Fries £2.35** <sup>894kcal</sup>

Fries loaded with bacon, peppers, Cajun spice, red onion & melted cheese.

**Big Foot Sub £2.80** <sup>520kcal</sup>

A foot-long sub filled with shredded iceberg lettuce, tomato red onion, with chicken strips & Emmental sliced cheese served warm.

# HOME FAVOURITES

(Served from 11:00am - 4:00pm Mon - Thurs, 11:00am - 3:00pm Fri)

**Lasagne £5.20** <sup>V</sup> <sup>138kcal</sup>

Layers of spinach pasta filled with a rich tomato sauce with British beef, topped with a béchamel sauce & cheese served with side salad.

**Fish 'n' Chips £3.95** <sup>GF</sup> <sup>422kcal</sup>

Jumbo cod fillet in a crispy batter with chips or spicy wedges & **your choice of** mushy peas, garden peas or baked beans & lemon. Gluten free fish available.

**Sausage 'n' Mash £3.35** <sup>V</sup> <sup>1038kcal</sup>

Jumbo sausage with mash potato and gravy with garden peas or baked beans.

**Penne pasta from £2.50** <sup>GF</sup> <sup>VG</sup> <sup>603kcal</sup>

Penne pasta served with a **choice of sauces** & sliced garlic bread, add cheese for an extra 50p.

**Stuffed Crust Pizza £5.20** <sup>260kcal</sup>

A choice between a Four Cheese Pizza or a Pepperoni Pizza.

**Chicken Katsu Curry £3.10** <sup>475kcal</sup>

Breast of Chicken in a Crisp Panko Crumb cut into strips with plain rice & Katsu Curry Sauce.

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present, and our menu descriptions do not include all ingredients.

If you have a food allergy or intolerance, **please let us know before ordering.** Full allergen information for food is available upon request.

Monday 4 November – Sunday 24 December 2024

**Stuffed Peppers £3.90** <sup>V</sup> <sup>595kcal</sup>

Peppers Filled with a Savoury Rice of Med Vegetables, Tomato & Spinach Bound in a Jalfrezi sauce topped with Cheese & Served with a Mixed Salad.

**Smoked Hot Dog with Katsu Mayo £3.40** <sup>1047kcal</sup>

A Smoked Hot Dog in a warm Brioche Roll with Sauerkraut, drizzled with a Katsu Mayonnaise served with Chips.

# HOME AWAY FROM HOME SPECIAL

**Roast of the Day £4.60** <sup>V</sup> <sup>1009kcal</sup>

Served in a Giant Yorkshire Pudding with Fresh Vegetables Roast Potatoes & Gravy. **Please ask** at the Bar to find out what the Roast is Today.



<sup>V</sup> Vegetarian <sup>Vo</sup> Vegetarian option <sup>VG</sup> Vegan <sup>H</sup> Halal <sup>Ho</sup> Halal option <sup>GF</sup> Gluten free