

**Food served:** Monday to Thursday: 9am-4.30pm and Friday: 9am-3pm

See our specials menu for more options!

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information for food is available upon request.

## BREAKFAST (SERVED ALL DAY)

#### All-day breakfast: (contains egg, sulphites and wheat gluten) £3.95

Choose from the following: Bacon, pork sausage, baked beans, hash browns, Portobello mushrooms, free-range egg; fried, scrambled, or poached, and grilled tomato.

#### All-day vege-breakfast (contains wheat gluten and egg) £3.95 (1)

Choose from the following: Quorn sausages, baked beans, hash browns, Portobello mushroom, free-range egg; fried, scrambled or poached, and grilled tomato.

## The Breakfast Brioche Buns:

Bacon bun (contains wheat gluten) £2.85

Sausage bun (contains wheat gluten and suphites) £2.40 🕼 🥼

Free-Range Egg bun (contains wheat gluten and egg) £2.00 🕖

Bacon and sausage bun (contains wheat gluten and sulphites) £2.95

#### Breakfast bun (contains wheat gluten, sulphites and egg) £3.00

A brioche bun filled with bacon, sausage and a free-range egg; fried, scrambled or poached.

Vege-breakfast bun (contains wheat gluten) £2.95 🕐

A brioche bun filled with Quorn sausage, hash brown and a free-range egg; fried, scrambled or poached.

## **SNACKS. PANINIS AND** TOASTED SANDWICHES

#### The Club Sandwich (contains wheat gluten and egg) £3.60

The classic, triple toasted, layered sandwich, with crispy bacon, shredded Iceberg lettuce, a slice of beef tomato, and chicken mayonnaise.

#### Panini or Toasted Sandwich (contains wheat gluten and egg) £2.85 1

Toasted to order with your choice of filling, served with a salad garnish. Please see the chalkboard for the selection of fillings on offer. Why not add a side order to your sandwich?

#### Chilli Nachos (contains milk) £3.50 💮 🕼

Tortilla chips topped with chilli con carne and melted cheese, served with a sour cream dip.

#### Loaded Skins (contains milk) £3.35 💮 🕼

Potato skins filled with bacon and cheese, served with a sour cream or BBQ dip.

## Chicken & Spinach Pizzini (contains milk, soya and wheat gluten) £3.50

Vegetarian Volume Vegetarian option Halal option GP Gluten free

Similar to a calzone with chicken and spinach filling.

### Luna Flat Bread (contains milk, soya and wheat gluten) £3.60 🕖

Filled with mozzarella, pesto and sun-dried tomato.

# BURGERS

#### The Classic (contains mustard and wheat gluten) **F4.10**

A flame-grilled beef burger in a brioche bun with a tomato relish and shredded Iceberg lettuce, served with your choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### The Big Angus (contains mustard, dairy, egg and wheat gluten) £4.85

A premium, half-pound, Aberdeen Angus beef burger, in a brioche bun with coleslaw, shredded Iceberg lettuce, beef tomato, Monterey Jack cheese and red onion, served with your choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### The Rooster Booster (contains mustard and wheat gluten) £4.20 🕧

Spicy-coated chicken breast in a brioche bun with mayo and shredded Iceberg lettuce, served with your choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### The Lone Ranger (contains mustard, wheat gluten, egg and soya) £4.10 🕖

A grilled, vegetarian burger in a brioche bun with a tomato relish and shredded Iceberg lettuce, served with your choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### The Angler (contains fish, dairy and gluten) £4.20

A battered fillet of cod, served in a brioche bun with mayo and crisp shredded Iceberg lettuce, served with your choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### The Full-o-falafel (contains gluten) £4.10 🕐 🕼

A falafel burger, a blend of chickpea and leaf spinach, flavoured with cumin, coriander, lemon, garlic and chilli, formed into a burger, and served in a floured bap with tomato relish and shredded Iceberg lettuce, with a choice of chips or spicy wedges. Upgrade to sweet potato fries for only 35p.

#### Add toppings to your burger and make it personal

Grilled bacon 80p 🕣 Beer-battered onion rings (contains wheat gluten and mustard) 80p 🕖 Free-range fried egg (contains eggs) 80p 🕣 🕖 Jalapeño peppers 80p 🕣 🕖 Extra burger (excludes The Big Angus) £1.60 Monterey Jack cheese (contains milk) 80p 🕣 🕖

# **★ RUSTY'S TOWER CHALLENGE ★**

#### (contains wheat gluten, milk, mustard and egg) $f_{11.50}$

Two beef burgers, two Cajun chicken and two spicy chicken burgers, stacked with bacon, cheese, beef tomato, and fried egg, separated by our brioche bun floors; served with baked beans, cheese and garlic dough balls, onion rings, corn on the cob and either chips or spicy wedges.



Vegan



#### Traditional Fish and Chips (contains wheat gluten, fish and crustacean) £4.30

Jumbo cod fillet in a crispy batter with chips or wedges and your choice of mushy peas, garden peas or baked beans. Upgrade to sweet potato fries for only 35p.

### Cajun Chicken (contains milk, egg and wheat gluten) £4.25

Breast of chicken in Cajun spices served with fresh vegetables and your choice of steakhouse chips, spicy wedges or new potatoes. Upgrade to sweet potato fries for only 35p.

Jumbo Sausage 'n' Mash (contains wheat gluten, sulphites, dairy, soya and celery) £3.80 (2) Back by popular demand, a jumbo sausage with a creamy mashed potato, onion gravy and garden peas or baked beans.

## French dressing.

Orzo Pasta Salad (contains wheat gluten) £3.95 🕐 🕼 A warm salad of orzo pasta, red peppers and roasted tomatoes, served on mixed leaves.

# SIDE ORDERS

## Compliment your meal with a side order

Chips £1.80 🔂 🚺 Beer-battered onion rings (contains wheat gluten and mustard) £1.75 V Cheese and jalapeño dough balls (contains milk and wheat gluten) £1.80 🕖 Spicy wedges (contains wheat gluten) £1.85 Side salad **F1.40 G** Fresh vegetable selection £1.40 🔂 🕖 Chips and cheese (contains milk) £2.30 🕖 Chips and curry sauce (contains wheat gluten) £1.85 Coleslaw (contains egg) £1.00 🕣 🕖 Sweet potato fries (contains wheat gluten) £2.30 Breaded garlic mushrooms (contains wheat gluten and milk) £1.80 🕖 Corn on the cob £1.40 🔂 🕐



# THE LOUNGE FAVOURITES

#### Lasagne (contains milk, egg and wheat gluten) £4.30

Layers of spinach pasta filled with a rich tomato sauce and British beef, topped with a béchamel sauce and cheese, served with side salad or dough balls.

## Η Ε Α L Τ Η Υ Ε Α Τ S

Jacket Potato (contains egg and milk) from £3.40 1 Choice of fillings and served with a salad garnish.

Caesar Salad (contains egg, milk and wheat gluten) £4.35 Choice of chicken or tuna, served on crisp bed of Cos lettuce, drizzled with Caesar dressing and topped with croutons. Why not add bacon for an extra 50p?

Avocado Salad (contains wheat gluten) £4.10 🕐 🕼 A salad of avocado and pearl cous cous, served on mixed leaves, drizzled with

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