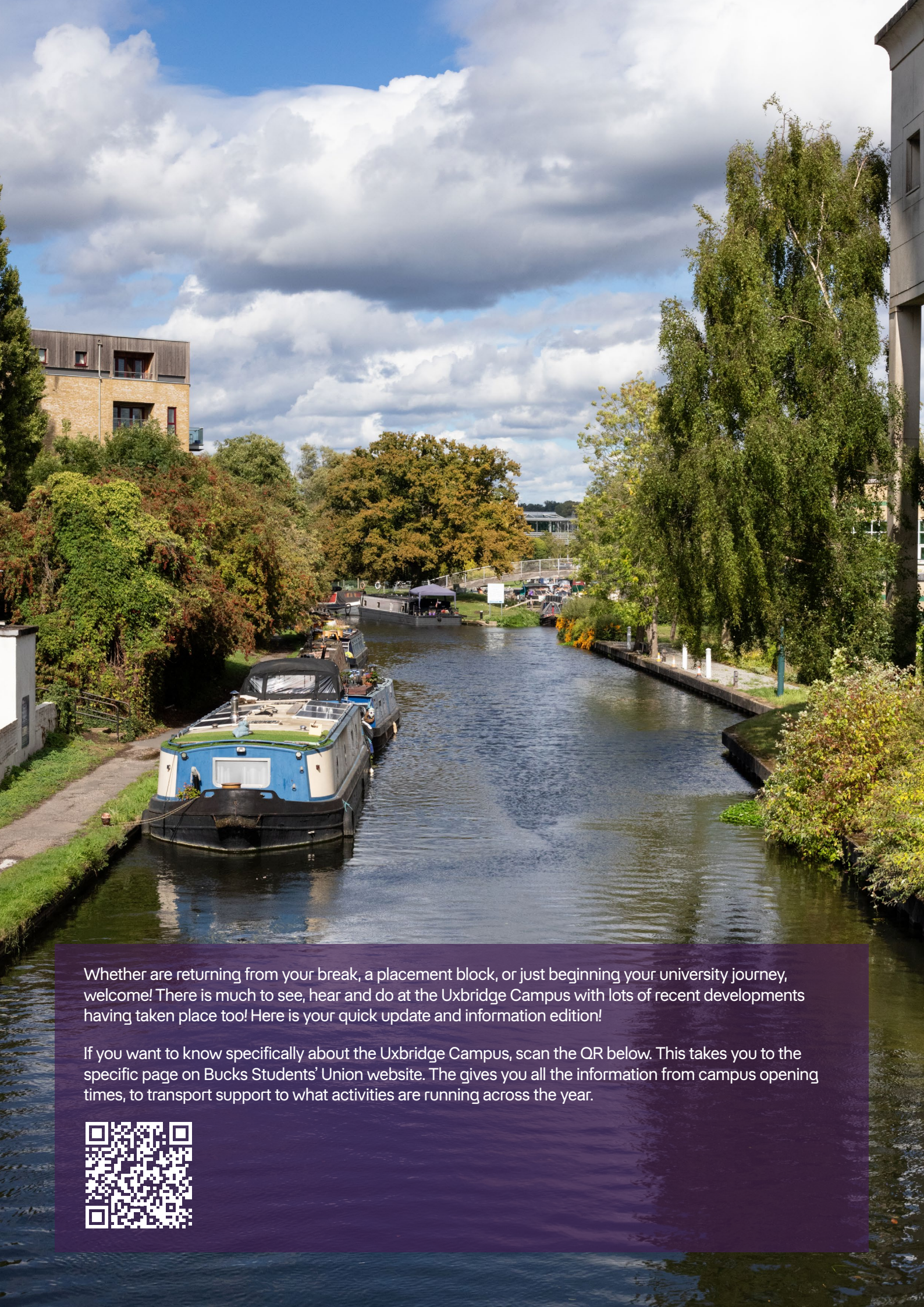




BUCKINGHAMSHIRE
NEW UNIVERSITY
EST 1891

HELLO UXBRIDGE!





Whether are returning from your break, a placement block, or just beginning your university journey, welcome! There is much to see, hear and do at the Uxbridge Campus with lots of recent developments having taken place too! Here is your quick update and information edition!

If you want to know specifically about the Uxbridge Campus, scan the QR below. This takes you to the specific page on Bucks Students' Union website. The gives you all the information from campus opening times, to transport support to what activities are running across the year.



Who is your Students' Union Uxbridge team?



Tash Neal (she/her)

Senior Student Engagement and Welfare Coordinator
natasha.neal@bnu.ac.uk

Hi I'm Tash and I am based full time at the Uxbridge Campus. I run the Transport for London Oyster card scheme and work closely with our Uxbridge, Aylesbury and Nottingham student reps. I also support the Union's annual elections and recruit, train and support student reps and student leaders. I also works closely with our College Officers and Student Voice Officers and am part of the team that runs representation across all campuses. I also support our Advice Centre with some casework during busier periods for the organisation and runs the reception function at the Uxbridge Campus.



Lucy Ryan (she/her)

Student Experience and Advocacy Manager
lucy.ryan@bnu.ac.uk

Welcome to Uxbridge! My role involves managing the Union's Representation and Advice teams. I work closely with our student reps to ensure your feedback is heard by the University. Working alongside Tash, Bethany, and the rest of the team, I support our student leaders, such as Student Voice Officers and College Officers, and help get student campaigns running to create positive change at BNU. I also ensure our Advice Centre runs smoothly, working with Lucy H and the team at High Wycombe. During busier times of the year, I also support the team with taking appointments. I work across the High Wycombe and Uxbridge Campuses, so if you see me in the office, please come and say hello!



Lucy Hunting

Welfare Advisor
lucy.hunting@bnu.ac.uk

Hello! I am part of the Advice Team here at the Students' Union, I am always based at the Uxbridge Campus so please feel free to come and say hi. You will find my office on the first floor in the Students' Union right next to the Pulse Cafe. Just like many of you I am new to Uxbridge for September 2025, so I am also getting to know the campus and all the amazing teams here. The Advice Centre provides a free, professional, independent and confidential service and my job is to listen and give impartial advice on a wide range of issues. Whether you are dealing with course-related concerns, money worries, accommodation, personal matters or international student issues, I am here to support you.



Bethany Jackson (she/her)

Vice President Education and Welfare (Uxbridge and Aylesbury)
bethany.jackson@bnu.ac.uk

My role focuses on the educational and wellbeing experiences of our members whilst at BNU and I am mainly based at the Uxbridge and Aylesbury Campuses. My role also encompasses representing the student voice of the Aylesbury, Nottingham, Oxford and Uxbridge Campuses. I make sure that the students at these campuses are represented on a bigger scale. I'm also part of the Representation team and work with the Advice Centre too, to run campaigns across campuses which aims to boost positive mental health and ensure that your voices are heard.

SO, WHAT'S NEW?

The Students' Union team have been busy over the previous months organising and setting up several different initiatives, all with students in mind! Read on to find out what's new and what's been updated.

Catering:

Firstly, we are delighted to confirm that Bucks Students' Union is once again running the Pulse café. That's good news for our members for several reasons.

Responding to feedback, we have brought back Costa Coffee and we've reduced the price of hot drinks. We have also reinstated the popular meal deal options starting at just £2.99 for a sandwich, a packet of crisps and a canned drink.

We hope you'll notice reduced pricing right across the menu and we'll be developing the hot food, salad bar and snack range throughout the year. We'll also be changing the menu regularly and celebrating cultural events and celebrations, with specially themed options as well as continuing with the **free breakfast offer on a Tuesday and Thursday, 8:30-10am.**

The other great thing is that now the catering is 'in-house' not only does all the money stay within the University to invest in your experience, but we can respond to your feedback quickly and try our best to provide our members with the service they want. If you have any ideas for the cafe and want to share your feedback, please either pop into the Students' Union office, and speak to one of our team, or email: hwecater@bnu.ac.uk.



FREE MEALS

To continue with our cost-of-living support, we are offering a **free hot meal, once per week**. This new trial scheme allows you to collect a free frozen meal which you can heat and eat on site, at the Uxbridge Campus.

We will be providing a small variety of frozen meals available for collection. You can pick up a meal from the Students' Union office on the first floor (next to Pulse), on a Monday, Wednesday, or Friday, between the hours of 11am-3pm. To be eligible for this meal, you must be a student studying at the Uxbridge Campus and you will need to show your student ID.

This is limited to collecting only **one** meal across the week. You can choose the day you collect but you can only collect once in that week. We hope as many students as possible are able to enjoy the benefits of this scheme, but this is subject to availability as we have a limited amount. Please fill out a form to select the time and day you will be collecting. Please be aware, that filling out this form **does not** guarantee a meal.



We are open to feedback about this scheme and the catering provision and you can share this by emailing **suuxbridge@bnu.ac.uk**.

If you have any questions about this scheme or would like further information or support please contact **suadvice@bnu.ac.uk**.



RUSTY'S REFILL

PRICE LIST

Basil: 60p per 100g

Conditioner: 30p per 100ml

Fabric Conditioner: 30p per 100ml

Faith in Nature Soap Bar: £1 each

Garlic Granules: 60p per 100g

Hand and Body lotion: 30p per 100ml

Hand Wash: 15p per 100ml

Laundry Pods: 10p each

Mixed Herbs: 60p per 100g

Paprika: 60p per 100g

PG Tips Tea Bags: 30p for 20 bags

Shampoo and Body Wash: 30p per 100ml

Tikka Masala Curry Powder: 60p per 100g

Toilet Roll: 25p each

Vegetable Stock Cube: 10p per cube

Washing Up Liquid: 15p per 100ml

- Located in Students' Union Office, first floor next to the Café

- Budget friendly household supplies, toiletries and cooking essentials

- Bring your own container or purchase for:

10p a bag

50p a container

Continuing with cost-of-living support, we have opened Rusty's Refill station here at the Uxbridge Campus and you can find this at the Students' Union reception. Here you can purchase key household items, toiletries, and cooking ingredients at a much lower cost to that of your local supermarket.

Head in with your own container to purchase what you need. Whether it is rice for your meals, toilet roll, shampoo, or laundry pods, know that you are putting money back in your pocket and being sustainable.

(Minimum spend £1)

RUSTY'S GOLD CARD



Rusty's Gold card is available from all outlets at just £12 for the year or £7 for six months.

Valid in The Lounge, The Kitchen, Pulse and The Brunel Engine Shed, this entitles you to a 10% discount on all hot and soft drinks, and exclusive promotions throughout the year.

Some of the regular additional promotions you can expect to see will include: 15% off food in The Lounge, special deals and toppings to name a few.

Check social media and cafe displays for current deals.

IMPROVEMENTS TO THE CAMPUS!

Blackboard

You may have noticed that our blackboard for notices and events has been painted over. But not to worry we will still be keeping you up to date with everything Uxbridge and Students' Union related.

We have some brand-new boards arriving where each of the Students' Union departments will be able to share what they are working on and how you can get involved. From additional skills and workshops to volunteering and society involvement, there is something for everyone.

Room improvements

You may notice that a few rooms are being moved. These are the Breastfeeding Room, Quiet Space and Multi-Faith Prayer Room. Thanks to your student feedback, we were able to work with the University's Estates team to move these rooms to make them more accommodating for you.

You can now find the Breastfeeding Room in 3.05. The Quiet Space can be found in 3.09 and the Multi-Faith Prayer Room in 3.09a. You do not need to book these rooms and they are open for you to use.

New layout

Something you may have seen is the new layout on the third floor. This layout has been adapted a part of the new Commuter Space on campus. Here you will find two microwaves to warm up any of your dishes, a community fridge, where any spare items will go or you can donate any surplus you may have (check the guidelines for use), and a fridge to put your own meals in to keep them cool until you are ready to eat them.

You can also make use of the new sofa layout and chill out in between your classes. You have access to the table tennis set up and a range of seating options too. There are also the computers and printers available for use too.

- Money
- Your personal life
- Legal issues
- Accommodation
- Course issues
- International student issues

Our professional, confidential, and independent advice service provides information, advice, and guidance and is available to all students at BNU.

From course-related issues and money worries to personal problems and general welfare concerns, our experienced advisors are set-up to provide you with confidential advice and guidance when you need it the most.

We have the time to listen, advise and support students, providing a service which is accessible and welcoming. We use our experience and knowledge on student issues to make life better for students at Bucks.

High Wycombe Campus: Room N0.04, ground floor, North Wing **01494 603 016**
Uxbridge Campus: Room 1.03, first floor **01494 605 180**

We offer in-person appointments at High Wycombe or Uxbridge, or if you are off-site, telephone or online appointments, whichever suits you best. If you have an enquiry or want to make an appointment just drop-in, phone or email us.

bucksstudentsunion.org/advice
suadvice@bnu.ac.uk

ADVICE CENTRE

CONTACT US

WITH A
COMPLEX PROBLEM

WITH A
SIMPLE QUESTION

WE ANSWER
STRAIGHT AWAY

WE BOOK YOU AN
IN-PERSON, ONLINE,
OR TELEPHONE
APPOINTMENT

WE GIVE YOU CONFIDENTIAL,
INFORMATION, ADVICE AND
GUIDANCE AND HELP TO
SOLVE WHATEVER PROBLEM
YOU MIGHT HAVE.

Opening hours:

High Wycombe: Monday to Thursday
9am–5pm, Friday 9am–4.30pm
Uxbridge: Monday to Thursday
9am–5pm, Friday 9am–4.30pm



ACTIVITIES!

At Bucks Students' Union there is lots taking place and lots to update on, and as a member of Bucks Students' Union there is lots to be involved with. Read on below to see a list of key dates that you might want to check out. You can check out more information by heading to our website (bucksstudentsunion.org) or popping into our office on the first floor of the building.

Looking for something to do between your teaching sessions? We have activities running every week (either on a Monday or Thursday) here at the Uxbridge Campus. You can find what activities are taking place across the year by checking out the what's on page or the Uxbridge page specifically. Read on to see what's taking place in the first term.

Coming up we have:

- 📌 **Smile Campaign and Activities Team Takeover**
(Monday 10 November)
- 📌 **Arts and Crafts**
(Thursday 20 November)
- 📌 **Cheese and Soft Drinks**
(Thursday 27 November)
- 📌 **Volunteering Crafts:** Calico Dolls and Bonding Square Making,
Anti-anxiety Bracelet making
(Thursday 4 December)
- 📌 **Quiz**
(Monday 8 December)
- 📌 **Snack and Wrap**
(Monday 15 December)

Don't forget, we have a table tennis set up on the third floor of the building – just head to our office to grab the bats and balls to get playing.

There are also a range of activities taking place away from campus and within the local area – check out the what's on page to see what's on offer.

Can't see anything you want to do? Come and speak to us in the office on the first floor, round the corner from Pulse Café, or email suuxbridge@bnu.ac.uk with your ideas.

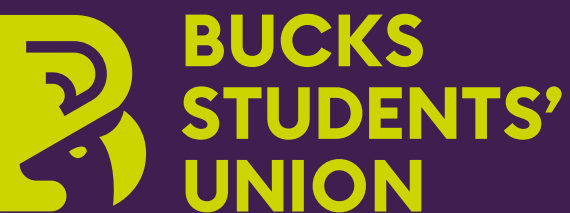
FREE BREAKFAST

Tuesdays and Thursdays

8.30-10am

Students' Union Office, first floor





Bucks Students' Union

Uxbridge Campus - first floor, 106 Oxford Road, Uxbridge, Middlesex, UB8 1NA

Tel: **01494 605 180**

Email: **suuxbridge@bnu.ac.uk**

High Wycombe Campus - North Wing, Queen Alexandra Road, High Wycombe, Bucks, HP11 2JZ

Tel: **01494 601 600**

Email: **union@bnu.ac.uk** Website: **bucksstudentsunion.org**

Bucks Students' Union is a registered charity – no. 1144820